

NAJAAM P LEE

SPIRITUAL LIFE COACH. HEALTH-WELLNESS
CONSULTANT. INTUITIVE READER. AUTHOR. SPEAKER.



QUICK SUMMARY!

A spiritual-transformational life coach, health & wellness consultant, motivational speaker, reiki master, intuitive reader, author of *K.A.L.I.: Kill Anxiety Live Immensely*, and teacher at Spiritual Sessions Academy.

SOCIAL MEDIA STATS!

INSTAGRAM @NAJAAMLEE..... 2640 followers
FACEBOOK: @NAJAAMLEE.....9330 followers
YOUTUBE: @NAJAAMLEE911 followers

QUICK LINKS TO COURSES:

<https://bit.ly/spiritualsessionsacademy>
<https://bit.ly/signupforskc1>
<https://bit.ly/turnyourlifeup1>

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PR/MANAGEMENT

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ABOUT NAJAAM

Introduction

The Mission

To help 1 million people on their personal & spiritual development.

The Full Back Story

Came with a mission to motivate, inspire, Najaam Phrsia Lee, Canadian, began her journey in the arts, including drawing, painting, writing, modeling, acting and dance. She has worked in fashion (in front & behind the lens) and movies, appearing in *The Jackson Five Series*, *Poetic Justice*, and TV shows. Her unique creativity has brought her on stages performing Spoken Word, highlighting her via MTV Commercial. In 2014, she showcased a series of abstract art called **GALAN**, in the Allure show at the famed Cutting Room in NYC. Her second art series **PAIN**, premiered in 2015 grabbing her media attention.

Behind the stage, Najaam has covered and written articles on many events, fashion shows, TV, luxury brands and Non-profit benefit and galas via her top online publication called GOSH!ABOUT, which she founded in 2010. Between 2010-2016, Najaam produced *Fashion Loves New York featured on Fashion Nights Out*; covered the *New York Style Fashion Week NY*, *Couture Fashion Week NY*, *Kenneth Cole Sustainable Fashion Show*, *Discover Many Hopes Gala* to name a few. Covered two Bravo TV shows: *Mobb Wives New York* and *Friends To Lovers*. As well as produced two mini abstract short films including *Black . White*.

Ms. Lee's passion, knowledge, grew and expanded as she tapped into herself deeper, she discovered childhood experiences with clairvoyant, clairaudient, and em-path that took her in a renewed direction, studying all 5 main religions that lead her into life coaching, holistic health and wellness, speaking and teaching.

Najaam Lee has her B.A. in art illustration & fashion design. She has a P.Ay. in Ayurveda and Aromatherapy and certified in Life Coaching. She's Certified in Touch Therapy, RAY Energy, GAIA Program, Yoga Meditation. A SHINPIDEN Reiki Master & Teacher. She's Initiated into MM Melchizedek Order 1-4, Maha Shivoham, Paramashivoham Lv2, Power Manifestation, 3rd Eye Shakti and The ANKH, Shiva deeksha. Now currently guided in Kali - african traditional spirituality. Najaam founded **NAJAAM LEE'S HEALING TEMPAL**. A practice she opened online and has helped over 800 people on their spiritual journey, teaching how to overcome anxiety, stress, depression; teaching how to spiritually shield themselves daily, giving insightful advice and guidance, offering in person & distant healing and protection; and she's created various courses and webinars such as Turn Your Life Up, Group Guided Meditation, the K.A.L.I. Warrior and her latest Spiritual Knowledge Classes I & II, to help ones who desire to align with self awareness, how to reclaim their power and enhance their spiritual practice.

A profuse motivational speaker on anxiety, wellness and spirituality, Najaam has given keynotes at various events, medical schools and conferences, speaking on Sickle Cell Disease at Harvard Medical School, Emory University and Sunrise Middle School - Florida. An advocate for the Sickle Cell Anaemia community, fr. 2015 -2016 she headed an online grass roots movement called *S.O.S. Campaign (#SpeakOnSickleCellObama; www.speakonsc.org)*, to educate and raise awareness about the disease. Her book, **Kill Anxiety Live Immensely**, has become the source for conquering anxiety episodes. Learn more: <https://lulu.com/spotlight/najaamlee>

Najaam Lee currently resides in Westwood, MA with her family.